

# TABEL DE HRĂNIRE

|                                                                                                                                                                                                                                                                                                                   |  |                                                                                                       |                                                                                   |                                                                                                                                                                              |                                                                                   |             |                                                                                     |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|-------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-------------|-------------------------------------------------------------------------------------|
|  <b>24H</b>                                                                                                                                     |  |  <b>2-4 months</b>   |                                                                                   |                                                                                                                                                                              |                                                                                   |             |                                                                                     |
|   <br><b>ADULT</b><br><b>WEIGHT</b><br>40 kg<br>45 kg<br>50 kg |  | <b>2 m</b>                                                                                            |                                                                                   | <b>3 m</b>                                                                                                                                                                   |                                                                                   | <b>4 m</b>  |                                                                                     |
|                                                                                                                                                                                                                                                                                                                   |  | (g)                                                                                                   |  | (g)                                                                                                                                                                          |  | (g)         |  |
|                                                                                                                                                                                                                                                                                                                   |  | 295                                                                                                   | 3                                                                                 | 383                                                                                                                                                                          | 3+7/8                                                                             | 422         | 4+2/8                                                                               |
|                                                                                                                                                                                                                                                                                                                   |  | 307                                                                                                   | 3+1/8                                                                             | 404                                                                                                                                                                          | 4+1/8                                                                             | 447         | 4+4/8                                                                               |
|                                                                                                                                                                                                                                                                                                                   |  | 360                                                                                                   | 3+5/8                                                                             | 448                                                                                                                                                                          | 4+4/8                                                                             | 489         | 5                                                                                   |
|                                                                                                                                                                                                                                                                                                                   |  |  <b>6-14 months</b>  |                                                                                   |                                                                                                                                                                              |                                                                                   |             |                                                                                     |
|   <br><b>ADULT</b><br><b>WEIGHT</b><br>40 kg<br>45 kg<br>50 kg |  | <b>6 m</b>                                                                                            |                                                                                   | <b>10 m</b>                                                                                                                                                                  |                                                                                   | <b>12 m</b> |                                                                                     |
|                                                                                                                                                                                                                                                                                                                   |  | (g)                                                                                                   |  | (g)                                                                                                                                                                          |  | (g)         |   |
|                                                                                                                                                                                                                                                                                                                   |  | 553                                                                                                   | 5+5/8                                                                             | 526                                                                                                                                                                          | 5+3/8                                                                             | 462         | 4+6/8                                                                               |
|                                                                                                                                                                                                                                                                                                                   |  | 604                                                                                                   | 6+1/8                                                                             | 608                                                                                                                                                                          | 6+1/8                                                                             | 506         | 5+1/8                                                                               |
|                                                                                                                                                                                                                                                                                                                   |  | 654                                                                                                   | 6+5/8                                                                             | 665                                                                                                                                                                          | 6+6/8                                                                             | 583         | 5+7/8                                                                               |
|                                                                                                                                                                                                                                                                                                                   |  |                                                                                                       |                                                                                   |                                                                                                                                                                              |                                                                                   | <b>14 m</b> |                                                                                     |
|                                                                                                                                                                                                                                                                                                                   |  |                                                                                                       |                                                                                   |                                                                                                                                                                              |                                                                                   | (g)         |  |
|                                                                                                                                                                                                                                                                                                                   |  |                                                                                                       |                                                                                   |                                                                                                                                                                              |                                                                                   | 454         | 4+5/8                                                                               |
|                                                                                                                                                                                                                                                                                                                   |  |                                                                                                       |                                                                                   |                                                                                                                                                                              |                                                                                   | 498         | 5                                                                                   |
|                                                                                                                                                                                                                                                                                                                   |  |                                                                                                       |                                                                                   |                                                                                                                                                                              |                                                                                   | 543         | 5+4/8                                                                               |
| <b>ME = 3857 kcal/kg</b>                                                                                                                                                                                                                                                                                          |  |  = 240 ml (≈ 98 g) |                                                                                   |  +  |                                                                                   |             |                                                                                     |

